
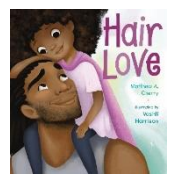
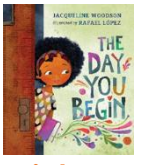


Second Step Scope and Sequence 2019-2020 (Pre-K – 5th)

1st Semester

| Monthly SEL Concept & Theme | Wk of | Pre-K | Kindergarten | 1 st | 2 nd | 3 rd | 4 th | 5 th |
|---|-------|---|--------------------------------|--------------------------------|----------------------------------|--------------------------------|---|--------------------------------|
|  <p>Relationship Skills: Creating a Strong School Community</p> | 8/12 | First Week of School Welcoming Rituals and Routines: Establish Essential Agreements & Build Relationships with Community Gatherings | | | | | | |
| | 8/19 | Welcoming | Establish Essential Agreements | Establish Essential Agreements | Establish Essential Agreements | Establish Essential Agreements | Establish Essential Agreements | Establish Essential Agreements |
| | 8/26 | Listening | Learning to Listen | Learning to Listen | Being Respectful | Being Respectful Learners | Empathy and Respect | Empathy and Respect |
|  <p>Self-Awareness: Individuality/ Positive Self-Concept</p> | 9/2 | Focusing Attention | Focusing Attention | Focusing Attention | Focusing Attention and Listening | Using Self-Talk | Listening with Attention | Listening with Attention |
| | 9/9 | Self-Talk | Following Directions | Following Directions | Using Self-Talk | Being Assertive | Being Assertive | Being Assertive |
| | 9/16 | Following Directions | Self-Talk for Staying on Task | Self-Talk for Learning | Being Assertive | Planning to Learn | Respecting Similarities/ Differences | Predicting Feelings |
| | 9/23 | Asking for What You Need or Want | Being Assertive | Being Assertive | Identifying Feelings | Identifying Others' Feelings | Understanding Complex Feelings | Taking Others' Perspectives |
| | 9/30 | Identifying Feelings | Feelings | Identifying Feelings | Learning More About Feelings | Understanding Perspectives | Understanding Different Perspectives | Accepting Differences |
|  <p>Social-Awareness:</p> | 10/7 | More Feelings | More Feelings | Looking for More Clues | Feeling Confident | Conflicting Feelings | Conversation and Compliments | Disagreeing Respectfully |
| | 10/14 | Identifying Anger | Identifying Anger | Similarities and Differences | Respecting Different Preferences | Accepting Differences | Joining In | Responding with Compassion |
| | 10/21 | Same or Different Feelings | Same or Different? | Feelings Change | Showing Compassion | Showing Compassion | Showing Compassion | Introducing Emotion Management |

Second Step Scope and Sequence 2019-2020 (Pre-K – 5th)

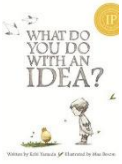

| | | | | | | | | |
|--|-------|-----------------------------------|--------------------------------------|------------------------------------|--------------------------------------|--------------------------------------|---------------------------------------|--------------------------------|
| Diversity/ Acceptance | 10/28 | Accidents | Accidents | Accidents | Predicting Feelings | Making Friends | Introducing Emotion Management | Calming Down |
|  Social-Awareness: Empathy and Emotions | 11/4 | Caring and Helping | Caring and Helping | Showing Care and Concern | Introducing Emotion Management | Introducing Emotion Management | Managing Strong Feelings | Managing Anxiety |
| | 11/11 | We Feel Feelings in Our Bodies | We Feel Feelings in our Bodies | Identifying Our Own Feelings | Managing Embarrassment | Managing Test Anxiety | Calming Down Anger | Managing Frustration |
| | 11/18 | Strong Feelings | Managing Frustration | Strong Feelings | Handling Making Mistakes | Handling Accusations | Managing Anxiety | Resisting Revenge |
|  Responsible Decision-Making: Inclusion | 12/2 | Naming Feelings | Calming Down Strong Feelings | Calming Down Anger | Managing Anxious Feelings | Managing Disappointment | Avoiding Jumping to Conclusions | Handling Put- Downs |
| | 12/9 | Managing Disappointment | Handling Waiting | Self-Talk for Calming Down | Managing Anger | Managing Anger | Handling Put- Downs | Avoiding Assumptions |
| | 12/16 | Managing Anger | Managing Anger | Managing Worry | Finishing Tasks | Managing Hurt Feelings | Solving Problems, Part 1 | Solving Problems, Part 1 |

Second Step Scope and Sequence 2019-2020 (Pre-K – 5th)

2nd Semester

| Monthly SEL Concept Theme | Wk of | Pre-K | Kindergarten | 1 st | 2 nd | 3 rd | 4 th | 5 th |
|---|-------|---------------------------|-----------------------------|------------------------------|------------------------------------|-------------------------------------|--|------------------------------|
|  <p>Self-Management: Courage</p> | 1/6 | Managing Waiting | Managing Disappointment | Solving Problems, Part 1 | Solving Problems, Part 1 | Solving Problems, Part 1 | Solving Problems, Part 2 | Solving Problems, Part 2 |
| | 1/13 | Fair Ways to Play | Handling Being Knocked Down | Solving Problems, Part 2 | Solving Problems, Part 2 | Solving Problems, Part 2 | Making a Plan | Making a Plan |
| | 1/20 | Ways to Stay Safe | Ways to Stay Safe | Ways to Stay Safe | Ways to Stay Safe | Ways to Stay Safe | Ways to Stay Safe | Ways to Stay Safe |
| | 1/27 | The Always Ask First Rule | The Always Ask First Rule | The Always Ask First Rule | The Always Ask First Rule | The Always Ask First Rule | The Always Ask First Rule | The Always Ask First Rule |
|  <p>Responsible Decision-Making: Problem-Solving</p> | 2/3 | Safe and Unsafe Touches | Safe and Unsafe Touches | Safe and Unsafe Touches | Safe and Unsafe Touches | Safe and Unsafe Touches | Safe and Unsafe Touches | Safe and Unsafe Touches |
| | 2/10 | The Touching Rule | The Touching Rule | The Touching Rule | The Touching Rule | The Touching Rule | The Touching Rule | The Touching Rule |
| | 2/17 | RAK WEEK | RAK WEEK | RAK WEEK | RAK WEEK | RAK WEEK | RAK WEEK | RAK WEEK |
| | 2/24 | Practicing Staying Safe | Practicing Staying Safe | Practicing Staying Safe | Practicing Staying Safe | Practicing Staying Safe | Practicing Staying Safe | Practicing Staying Safe |
|  <p>Self-Management: Perseverance</p> | 3/2 | Reviewing Safety Skills | Reviewing Safety Skills | Reviewing Safety Skills | Reviewing Safety Skills | Reviewing Safety Skills | Reviewing Safety Skills | Reviewing Safety Skills |
| | 3/9 | Having Fun with Friends | Solving Problems | Fair Ways to Play | Taking Responsibility | Solving Classroom Problems | Solving Playground Problems | Seeking Help |
| | 3/16 | Inviting to Play | Inviting to Play | Inviting to Join In | Responding to Playground Exclusion | Solving Peer-Exclusion Problems | Taking Responsibility for Your Actions | Dealing with Gossip |
| | 3/23 | Joining In With Play | Fair Ways to Play | Handling Name-Calling | Playing Fairly on the Playground | Dealing with Negative Peer Pressure | Dealing with Peer Pressure | Dealing with Peer Pressure |
| | 3/30 | Saying the Problem | Having Fun with Our Friends | Reviewing Second Step Skills | Reviewing Second Step Skills | Reviewing Second Step Skills | Reviewing Second Step Skills | Reviewing Second Step Skills |

Second Step Scope and Sequence 2019-2020 (Pre-K – 5th)

| | | | | | | | | |
|--|-------------|------------------------------------|-----------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
|  <p>Self-Awareness: Growth mindset</p> | 4/12 | Thinking of Solutions | Handling Having Things Taken Away | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two |
| | 4/19 | Speaking Assertively | Handling Name-Calling | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two |
| | 4/26 | Learning in Kindergarten | Reviewing Second Step Skills | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two |
|  <p>Relationship Skills: Service Learning</p> | 5/4 | Riding the Kindergarten Bus | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two |
| | 5/11 | Making New Friends in Kindergarten | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two |
| | 5/18 | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two | Review of SEL Semester Two |